



THANKS FOR JOINING US TODAY!

Please take a moment to sign the Welcome Book, located in your pew. Members, please greet any guests seated near you.

If you're joining us virtually, sign easily at mrcc.org/welcomebook.



Please Join Us For First Cup

First Cup is an opportunity for newcomers to learn more about MRCC

Every Sunday at 9:35 a.m.
in the Welcome Center

Visit mrcc.org/firstcup for more details

WELCOME MUGS AND BASKETS

These simple gifts are available at Information Central. Mugs are intended for first-time, local guests to MRCC, while baskets are for newcomers to your neighborhood. Deliver a mug or basket today!



FEATURED ITEMS

Trunk or Treat TONIGHT

6-DUSK

Children birth-5th grade are invited to our annual Trunk or Treat. **Due to anticipated weather, we are moving Trunk or Treat inside the Summit.** Our high school room and gym will be transformed into a fun maze of characters and adventure set to fill your basket full of candy!



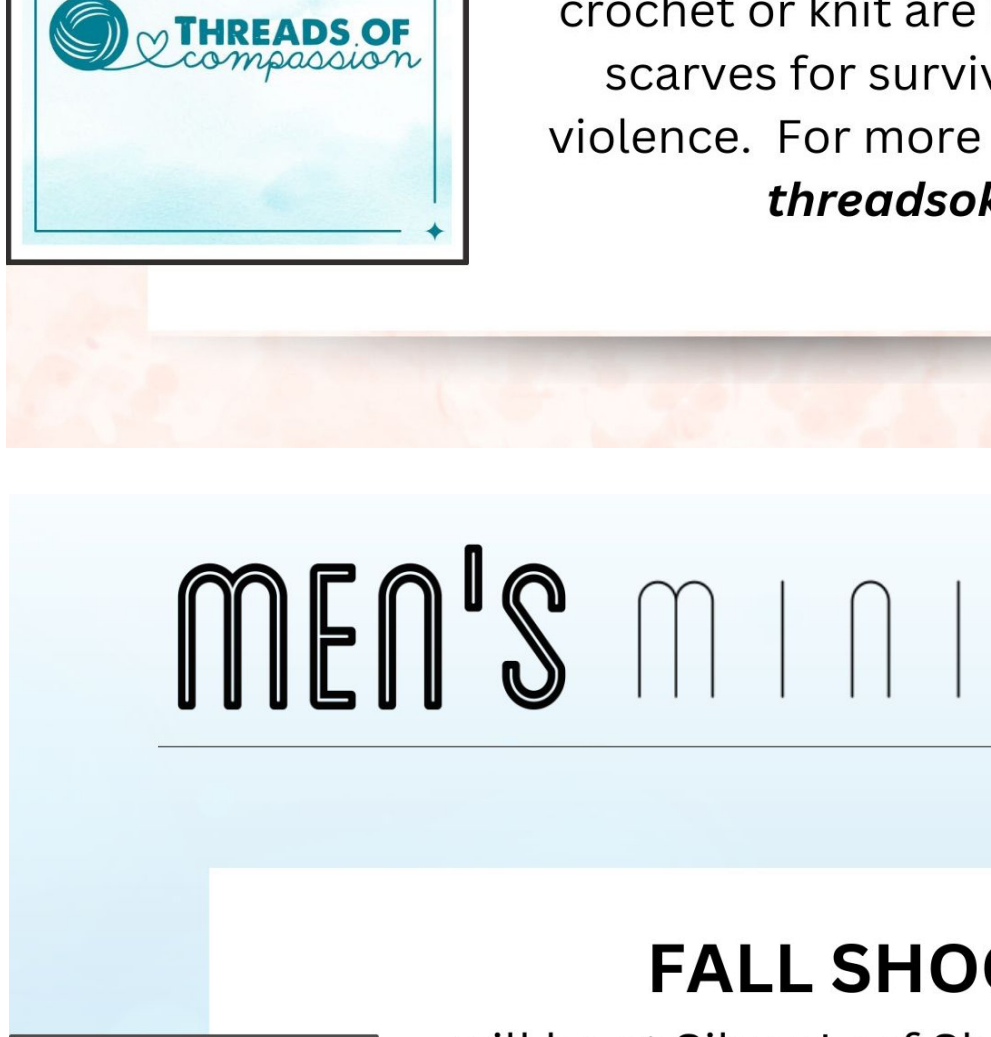
MINISTRY UPDATES




Life of Moses
Exodus-Numbers-Deuteronomy

NT-LTC
March 29-30, 2024

Leadership Training for Christ is a fun way to learn God's word and explore your talents with other students through various events. Art, chorus, puppets, drama, Bible quiz, and sign language are just a few ways to have fun at LTC. Join an informational meeting Sun., Nov. 5, at 10:45 or 11:50 to discover what LTC is all about. Contact **Chris or Jeana Clark** with any questions.



Foster Care & Adoption Ministry


Calling all foster, adoptive, & kinship families! Join us on Sun., Nov. 12, from 2-3:30 p.m. in A105/106 for a focus group as we prepare to launch a new foster care and adoption ministry. We need your voice and insight! Childcare provided. RSVP by 11/5 to Michael Mitchell at mmitch05@gmail.com.

women's ministry

SWAG (Single Women's Activities Group)

is having *Friendsgiving* on Sat., Nov. 11, at 4 p.m. in the home of **Cynthia and Jordan Wright**. Details are at mrcc.org/women.






THREADS OF COMPASSION

will have a workday on Sun., Nov. 5, 2-4 p.m. in A120. All women who like to crochet or knit are invited to make scarves for survivors of sexual violence. For more information visit threadsokc.org.

MEN'S MINISTRY

FALL SHOOT

will be at Silver Leaf Shooting Sports on Saturday, November 11th at 10:00 AM. The cost is approx. \$35.00 per person. Make a team at sign up, or wait and team up when you get there. For more information, visit mrcc.org/fallshoot.





Visit mrcc.org/care for details on all our CARE Ministry offerings

The Journey of Grief

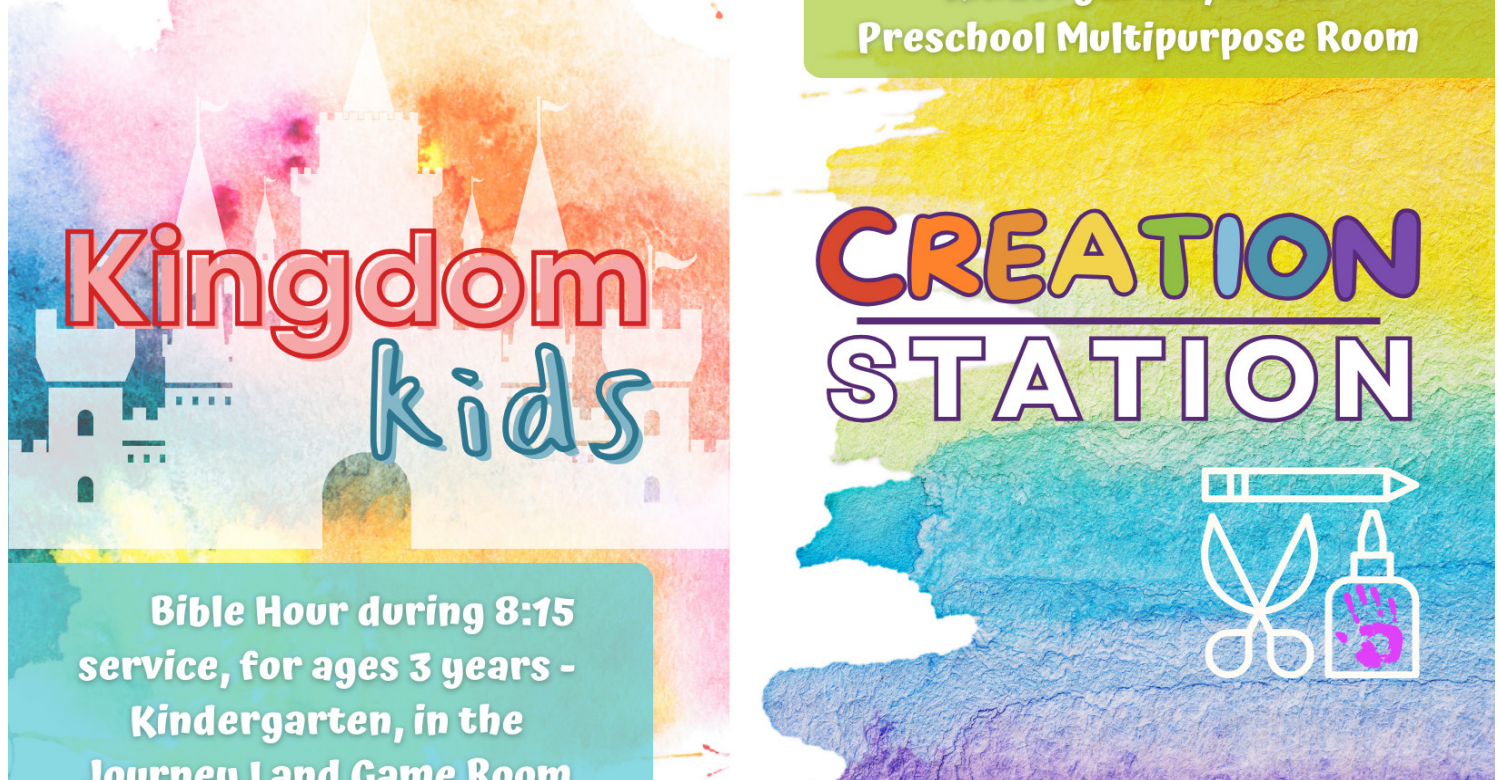
Experience a healthy approach to grieving

We are aware that among our MRCC family, many of us are grieving the passing of loved ones. Grief is a very personal and complex journey. We have a three-part rhythm in the fall and winter to acknowledge and care for our mourning community members.

Last Saturday, our Care & Counseling ministry began our series of three programs that are open to the church family and our community at large. Our first offering was *The Journey of Grief*, led by **Clint McKnight & Jenny Jones**. Participants spent time learning more about our reactions to grief and mourning. We discussed the things we need to remember to embrace along this journey, and we practiced one example of using lament as a healing tool in grieving.

The second offering will be our *Surviving the Holidays* programs the morning of Sat., Nov. 11. Third, beginning in January, we will offer our annual weekly *GriefShare* support group on Wednesday evenings. All are invited to join us! Learn more and register at mrcc.org/care or call **Tasha** in the Care & Counseling ministry office at 405-607-6411.

OTHER NOTES



CELEBRATE RECOVERY

MEETS EVERY FRIDAY

6 PM - DINNER
1ST TIME GUESTS EAT FREE!!!

7 PM - LARGE GROUP
A TIME OF WORSHIP FOLLOWED BY PERSONAL TESTIMONY OR RECOVERY LESSON

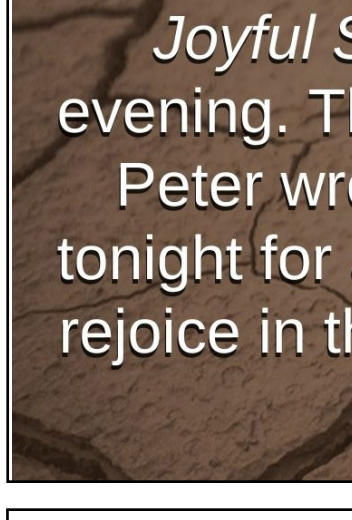
8 PM - OPEN SHARE GROUPS
GENDER AND ISSUE SPECIFIC SMALL GROUPS

9 PM - COMMON GROUNDS
FELLOWSHIP, COFFEE & DESSERT

PARTICIPANTS RECEIVE
FREE CHILDCARE 6:45-9:15

MRCC.ORG/CR
celebraterecovery@mrcc.org

OTHER NOTES



FOLLOW ME FOLLOW THROUGH

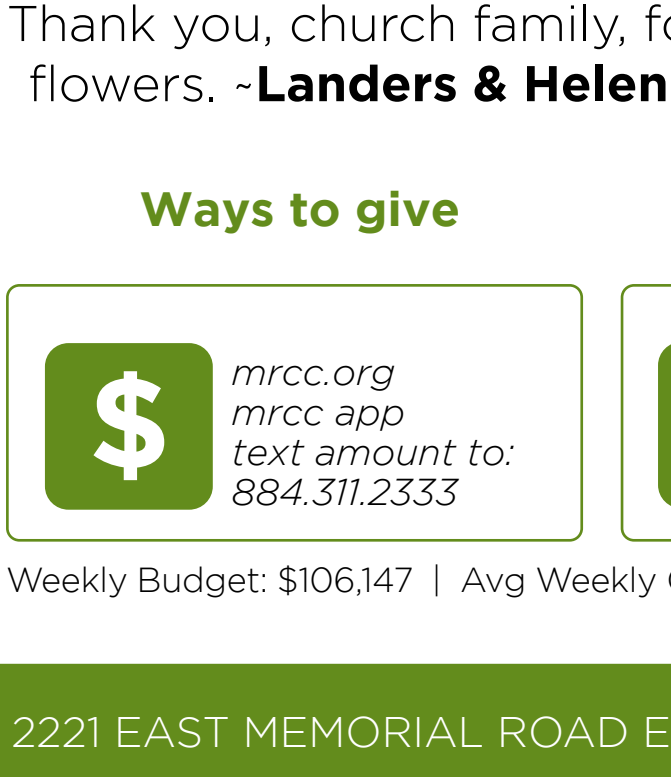
THE WAY OF THE CROSS

Posters, stickers, and challenge cards for our *Follow Me Follow Through* challenges are available at our normal pick-up locations. Please take one poster and sticker per household.

SHOES & SOCKS DRIVE



Citizens Caring for Children, an organization dedicated to helping foster kids in OKC, is hosting a **Socktober** drive. CCC lets each foster kid in their program get one pair of shoes and several pairs of socks on each visit. They support approximately 250 kids a month, so there is a need for lots of shoes and socks! If you would like to donate, they are seeking shoes and socks toddler size and up. Items need to be new and can be placed into the box labeled **Socktober** in the main lobby! Your donations are appreciated. For questions, reach out to **Kate Davis** at 405-209-0723.



Kingdom kids

Bible Hour during 8:15 service, for ages 3 years - Kindergarten, in the Journey Land Game Room

CREATION STATION

Bible Hour during 10:45 service, for ages 3 years - Kindergarten, in the Preschool Multipurpose Room

STAY CONNECTED & INFORMED

Watch live or previous broadcasts of worship, sermons, or WOW at [YouTube.com/memorialroad](https://www.youtube.com/memorialroad).

Download the MRCC App (for iOS and Android) for easy access to all our resources. Check it out today!

SERMON INFO

FOLLOW ME

THE WAY OF THE CROSS

Today, Phil is beginning a new series called *Surrendering Self*. This series will be the first of several geared toward our second section of the year, *Practice His Teaching*. As a reminder, we are studying our overall theme *Follow Me* through three angles – *Adopt His Rhythms*, *Practice His Teaching*, and *Share His Mission*. In this series, Phil will explore Jesus' call to deny ourselves, take up our cross, and follow him. He will highlight the radical contrast between what Jesus asks us to do with ourselves, versus what our culture asks us to do with ourselves, and emphasize the point that self-denial is the pathway to living out the will of God.

HOPE

in a TROUBLED WORLD

Joyful Suffering is our topic for this evening. That sounds odd, doesn't it? But Peter wrote that it is possible. Join us tonight for a look at why he stated we can rejoice in the midst of suffering for the will of God.

DISCUSSION QUESTIONS

If you would like to dig deeper into the sermon or Sunday class discussions, check out the **MRCC App** or visit mrcc.org/dq for supplemental material.

FAMILY UPDATES

10-29-23

Prayer Requests

Amanda Blair's mother, Lori Boyd, is having health problems and is awaiting some test results.

Shelby Pruitt responded to the invitation last Sunday, requesting prayers for himself and his family.

An ongoing Prayer List, updated at the beginning of every month, is available at Information Central and digitally at mrcc.org/prayerlist.

Sympathy

Our sympathy is extended to . . .

Sherry Pack, the **Ryan Pack** family, the **Nate Scovel** family, and the **Bryce Pickard** family on the death of their husband, father, grandfather, and great-grandfather, **Bruce Pack**, Sunday, Oct. 22.

Ted & Beverly Norton and the **Wil Norton** family on the death of Ted's father and Wil's grandfather, Howard Norton, Sunday, Oct. 22. Many years ago, Howard & Jane served as MRCC missionaries in Sao Paulo, Brazil. Howard also served MRCC as an elder and as pulpit preacher.

Showers

Baby Boy Shower for **Allison Armstrong Minter** is this afternoon from 2-3:30 in the Parlor. She is registered at Target and Amazon.

Baby Boy Shower for **Reagan Beam** is this afternoon from 2-3:30 at Terra Myers'. She is registered at Amazon and Babylist.

Bridal Shower for Abrielle Johnson, fiancée of **Payton Welch** (son of **Tim & Krista Welch**) is next Sunday, Nov. 5, 2:30 – 4 p.m., in the Parlor. They are registered at Target and Amazon.

Thank You

Thank you, church family, for your calls, cards, and the lovely flowers. -**Landers & Helen Jones**

Ways to give

Prayer Requests

mrcc.org
mrcc app
text amount to:
884.311.2333

We would love to pray for you. Submit your prayer requests at mrcc.org/prayer, or on the MRCC App.

Weekly Budget: \$106,147 | Avg Weekly Offering: \$103,605 | YTD Budget Deficit: \$109,319

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