

THANKS FOR JOINING US TODAY!



Please take a moment to sign the Welcome Book, located in your pew. Members, please greet any guests seated near you.

If you're joining us virtually, sign easily at mrcc.org/welcomebook.

Please Join Us For First Cup

First Cup is an opportunity for newcomers to learn more about MRCC

Every Sunday at 9:35 a.m. in the Welcome Center

Visit mrcc.org/firstcup for more details




WELCOME MUGS AND BASKETS

These simple gifts are available at Information Central. Mugs are intended for first-time, local guests to MRCC, while baskets are for newcomers to your neighborhood. Deliver a mug or basket today!



FEATURED ITEMS



PRAYING FOR HARVEST

Saturday October 28 | 6:30

A prayer & worship event for all ages


MINISTRY UPDATES

Trunk or Treat

October 29

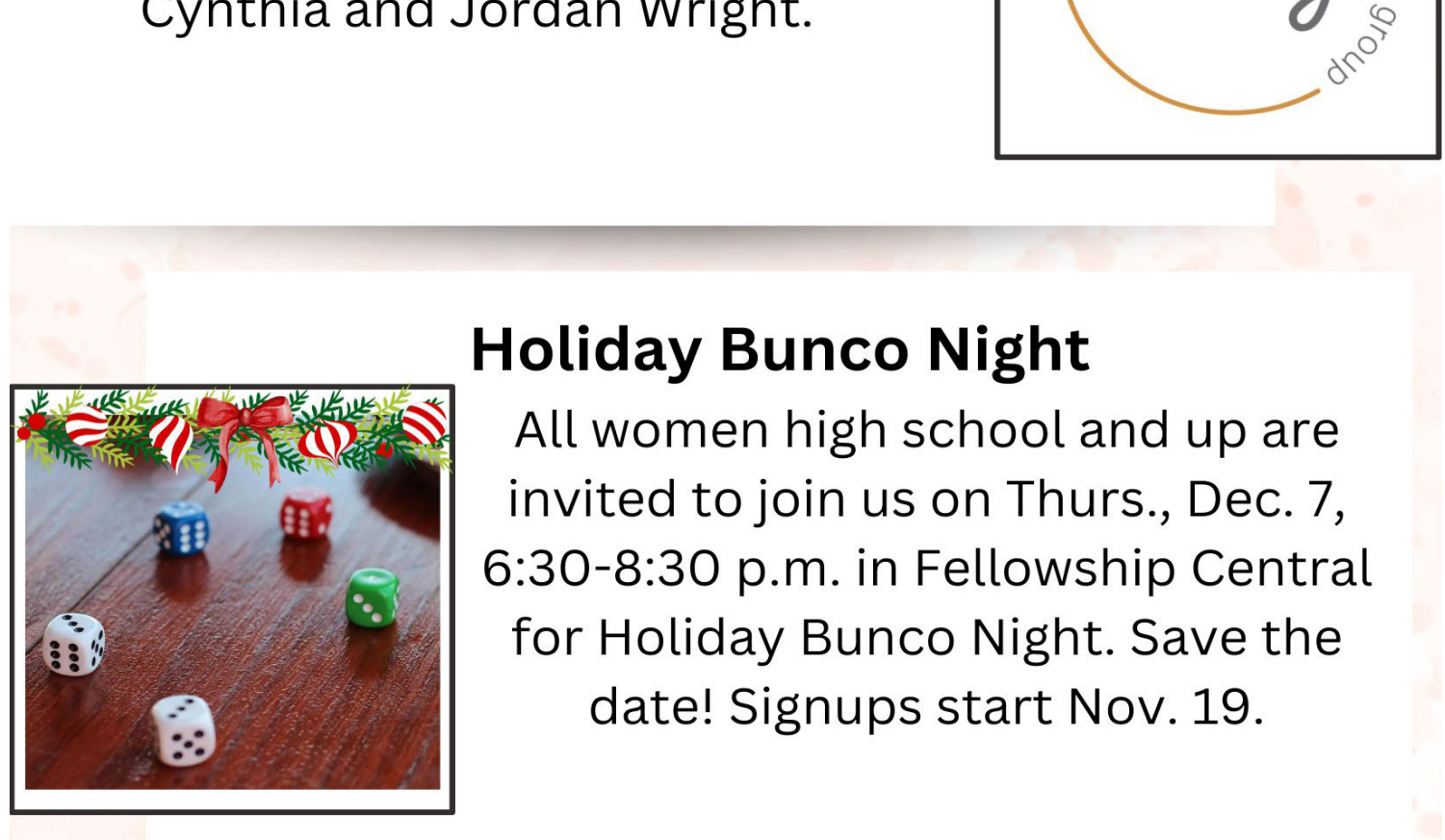
6-DUSK

Children birth-5th grade are invited to our annual Trunk or Treat. Our north parking lot will be transformed into a fun caravan of characters and adventure set to fill your basket full of candy! To sign up to host a trunk, visit mrcc.org/trunkortreat.



MAGI BOXES

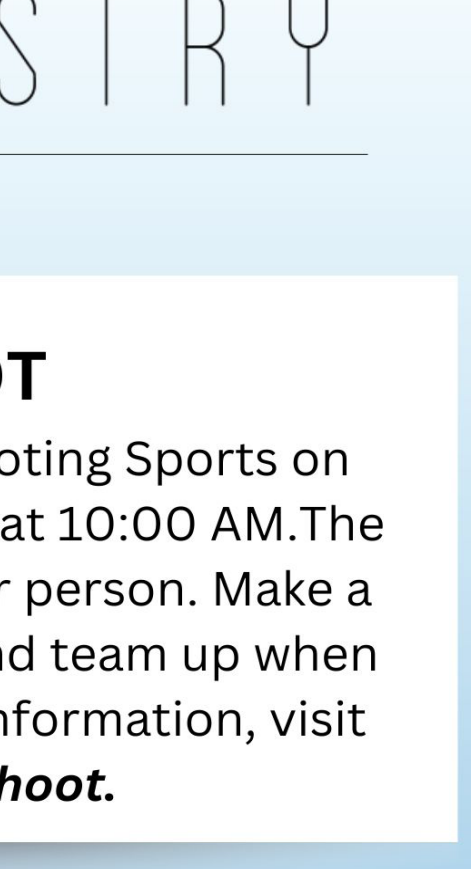
Instruction sheets are available at Information Central, on the stage, at the auditorium entrances, and online at mrcc.org/magibox. Boxes are due Nov. 19.



women's ministry

SWAG (Single Women's Activities Group)

is having a Friendsgiving on Sat., Nov. 11, at 4 p.m. at the home of Cynthia and Jordan Wright.





Holiday Bunco Night

All women high school and up are invited to join us on Thurs., Dec. 7, 6:30-8:30 p.m. in Fellowship Central for Holiday Bunco Night. Save the date! Signups start Nov. 19.

men's ministry

FALL SHOOT

will be at Silver Leaf Shooting Sports on Saturday, November 11th at 10:00 AM. The cost is approx. \$35.00 per person. Make a team at sign up, or wait and team up when you get there. For more information, visit mrcc.org/fallshoot.



CELEBRATE RECOVERY

MEETS EVERY FRIDAY

6 PM - DINNER

1ST TIME GUESTS EAT FREE!!!

7 PM - LARGE GROUP

A TIME OF WORSHIP FOLLOWED BY PERSONAL TESTIMONY OR RECOVERY LESSON

8 PM - OPEN SHARE GROUPS

GENDER AND ISSUE-SPECIFIC SMALL GROUPS

9 PM - COMMON GROUNDS

FELLOWSHIP, COFFEE & DESSERT

PARTICIPANTS RECEIVE

FREE CHILDCARE 6:45-9:15

[MRCC.ORG/CR](https://mrcc.org/cr)

celebraterecovery@mrcc.org



CARE & COUNSELING MINISTRY

Visit mrcc.org/care for details on all our CARE Ministry offerings

The Journey of Grief

Experience a healthy approach to grieving

We are aware that among our MRCC family, many of us are grieving the passing of loved ones. Grief is a very personal and complex journey. We have a three-part rhythm in the fall and winter to acknowledge and care for our mourning community members.

Last Saturday, our Care & Counseling ministry began our series of three programs that are open to the church family and our community at large. Our first offering was *The Journey of Grief*, led by **Clint McKnight & Jenny Jones**. Participants spent time learning more about our reactions to grief and mourning. We discussed the journey we need to remember to embrace along this journey, and we practiced one example of using lament as a healing tool in grieving.

The second grief offering will be our *Surviving the Holidays* programs the morning of Sat., Nov. 11. Third, beginning in January, we will offer our annual weekly *GriefShare* support group on Wednesday evenings. All are invited to join us! Learn more and register at mrcc.org/care or call **Tasha** in the Care & Counseling ministry office at 405-607-6411.

OTHER NOTES




FOLLOW ME FOLLOW THROUGH

THE WAY OF THE CROSS

As we conclude our sermon arc on prayer, we round out those lessons with a challenge to embolden our prayer life and pray like Jesus.

FOLLOW ME FOLLOW THROUGH



for more content visit mrcc.org/followme

PRAYER

1. Pick a specific time and a specific place to pray and commit to praying there 5 days of the week.

2. Make the verbs of the latter half of the Lord's prayer a regular part of your prayer life. (Give, Forgive, Lead, Deliver)


3. Create two "Prayer Diet Pie Charts." One should show your current prayer diet – all the things you pray about, with the size of the slices indicating their prevalence. The second chart should show what you think your prayer diet should look like. How are they different?

4. Read Jesus' prayer in John 17 and then practice praying a harvest prayer – for the commission and for your role as the commissioned.

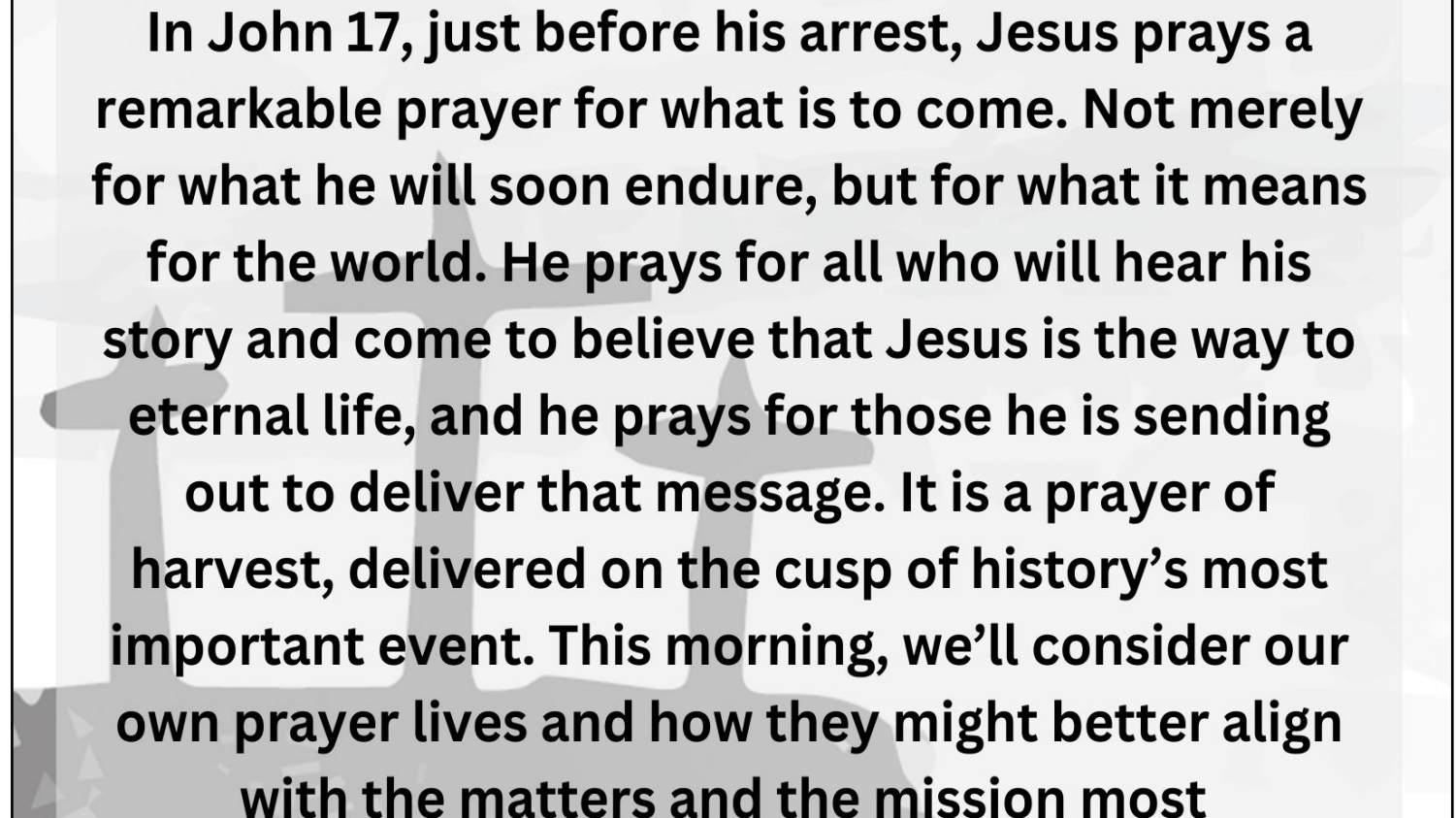
5. Attend the Pray for Harvest event on October 28.

Posters, stickers, and challenge cards for our *Follow Me Follow Through* challenges are available at our normal pick-up locations. Please take one poster and sticker per household.

SHOES & SOCKS DRIVE



Citizens Caring for Children, an organization dedicated to helping foster kids in OKC, is hosting a *Socktober* drive. CCC lets each foster kid in their program get one pair of shoes and several pairs of socks on each visit. They support approximately 250 kids a month, so there is a need for lots of shoes and socks! If you would like to donate, they are seeking shoes and socks toddler size and up. Items need to be new and can be placed into the box labeled *Socktober* in the main lobby! Your donations are appreciated. For questions, reach out to **Kate Davis** at 405-209-0723.




SR. HIGH RETREAT

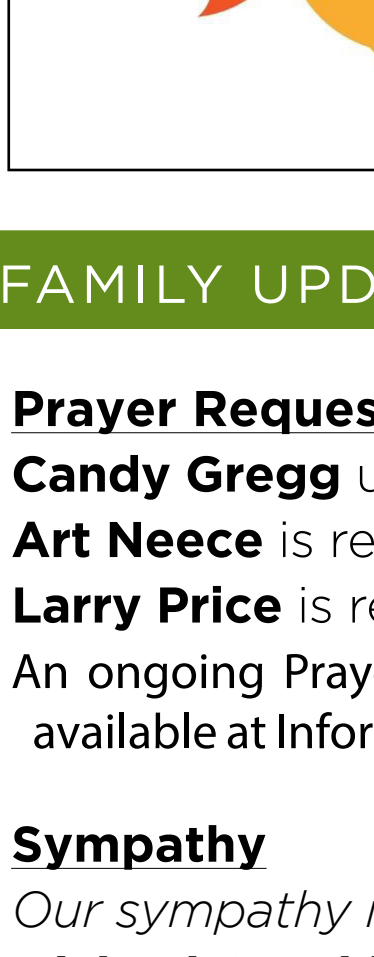
This past weekend, a group of about 85 MRCC high school students went on our fall retreat to Camp Rock Creek and focused on the theme of slowing it down. We put into practice the rhythms of Jesus in many ways, such as solo prayer time and other activities that formed and strengthened Christ-centered relationships. Between the removal of distractions (such as phones), engaging in prayer walks, worship, and meditation, we were able to learn about and experience the peace of Jesus while also practicing His love. We laughed, we cried, and we screamed with one another (thanks to some Friday the 13th shenanigans), but most importantly we gained the knowledge of what it looks like to rest in Jesus' peace in our chaotic lives. I have never experienced the peace of Christ like I did this past weekend during the retreat. I will forever be grateful for the countless ways the Lord is working through the MRCC youth group.

“Are you tired? Worn out? Burned out on religion? Come to me. Get away, you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me— watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly.”

~Matthew 11:28-30 Msg


~Olivia Newberry






Kingdom Kids and Creation Station will not meet today due to Fall Break. Both Bible Hour offerings will return next Sunday.

STAY CONNECTED & INFORMED



Watch live or previous broadcasts of worship, sermons, or WOW at YouTube.com/memorialroad.



Download the MRCC App (for iOS and Android) for easy access to all our resources. Check it out today!

SERMON INFO

FOLLOW ME

THE WAY OF THE CROSS

In John 17, just before his arrest, Jesus prays a remarkable prayer for what is to come. Not merely for what he will soon endure, but for what it means for the world. He prays for all who will hear his story and come to believe that Jesus is the way to eternal life, and he prays for those he is sending out to deliver that message. It is a prayer of harvest, delivered on the cusp of history's most important event. This morning, we'll consider our own prayer lives and how they might better align with the matters and the mission most pressing to our Savior.

HOPE

in a TROUBLED WORLD

If you were told the end of all things is near, how would you live? Peter would answer, "Live Outside Yourself," 1 Pet. 4:7-11. Join us tonight at 5:00 to consider how that idea could affect our lives.

DISCUSSION QUESTIONS

If you would like to dig deeper into the sermon or Sunday class discussions, check out the MRCC App or visit mrcc.org/dq for supplemental material.

FAMILY UPDATES

10-22-23

Prayer Requests

Candy Gregg underwent surgery last week.

Art Neece is recovering from knee replacement surgery.

Larry Price is recovering from hip replacement surgery.

An ongoing Prayer List, updated at the beginning of every month, is available at Information Central and digitally at mrcc.org/prayerlist.

Sympathy

Our sympathy is extended to . . .

Michael & Ashley Baker Wagner on the death of her father, Billy Baker, Sunday, Oct. 15, in Texarkana.

The **Nick Little** and **Brent Williams** families on the death of **Danielle** and **April's** grandfather, Ival Karnes, Tuesday, Oct. 17, in Missouri.

Showers

Baby Boy Shower for **Allison Armstrong Minter** will be next Sunday, Oct. 29, 2-3:30 p.m., in the Parlor. She is registered at Target and Amazon.

Baby Boy Shower for **Reagan Beam** will be next Sunday, Oct. 29, 2 p.m., at the home of **Terra Myers**. She is registered at Amazon and Babylist.

Ways to give

mrcc.org

[mrcc app](https://mrcc.org/app)

text amount to: 884.371.2333

Prayer Requests

We would love to pray for you. Submit your prayer requests at mrcc.org/prayer, or on the MRCC App.

Weekly Budget: \$106,147 | Avg Weekly Offering: \$104,015 | YTD Budget Deficit: \$89,564

2221 EAST MEMORIAL ROAD EDMOND, OK 73013

405.478.0166 | MRCC.ORG

| @MEMORIALROAD