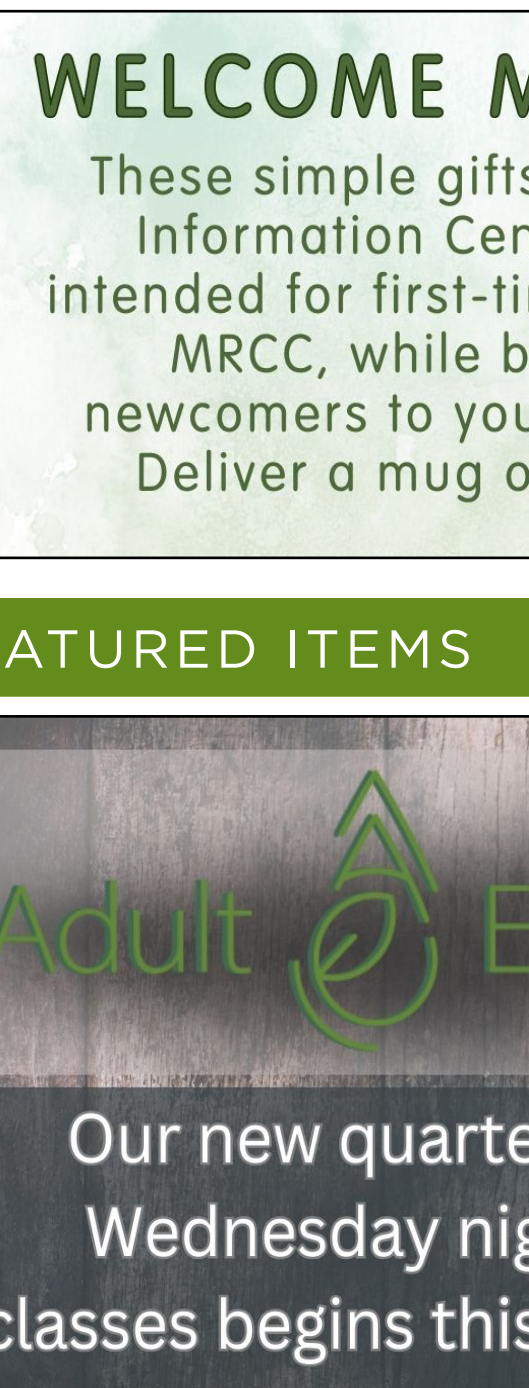


## THANKS FOR JOINING US TODAY!



Please take a moment to sign the Welcome Book, located in your pew. Members, please greet any guests seated near you.

If you're joining us virtually, sign easily at [mrcc.org/welcomebook](http://mrcc.org/welcomebook).



### Please Join Us For First Cup

*First Cup is an opportunity for newcomers to learn more about MRCC*

**Every Sunday at 9:35 a.m.**  
in the Welcome Center

Visit [mrcc.org/firstcup](http://mrcc.org/firstcup) for more details



## WELCOME MUGS AND BASKETS

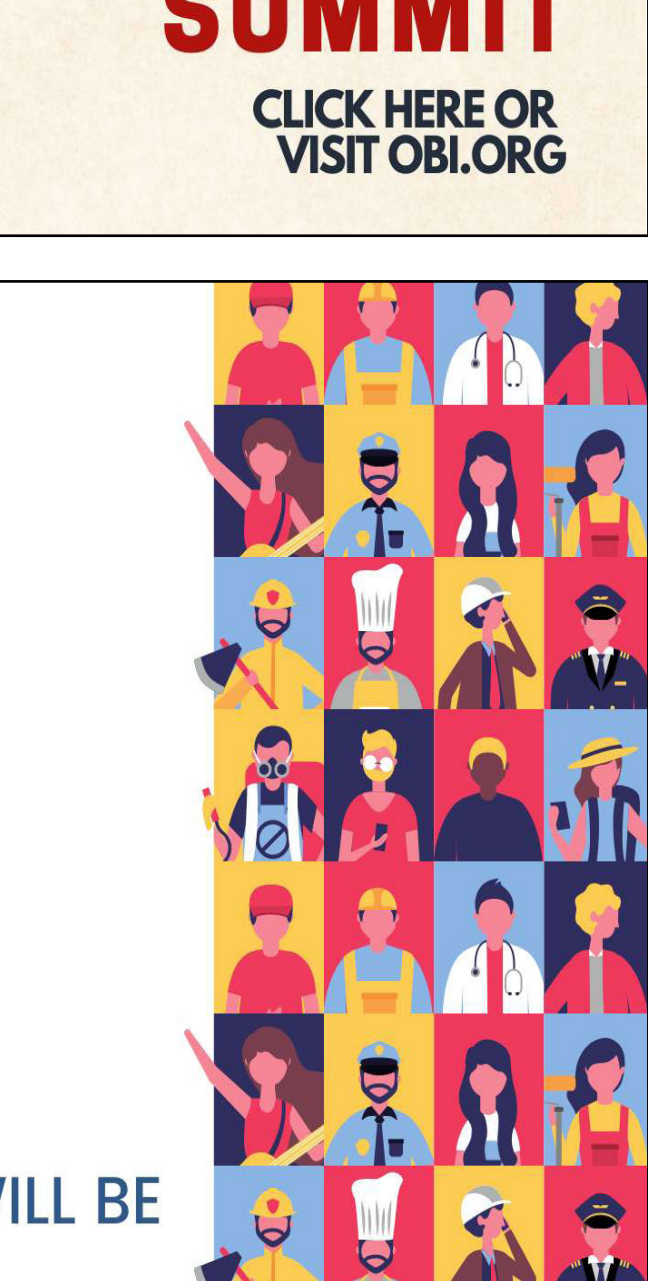
These simple gifts are available at Information Central. Mugs are intended for first-time, local guests to MRCC, while baskets are for newcomers to your neighborhood. Deliver a mug or basket today!



### FEATURED ITEMS

## Adult Education

Our new quarter of Wednesday night classes begins this week! Click here or visit [mrcc.org/education](http://mrcc.org/education) for a complete list of new classes. There is something for everyone!



## BLOOD DRIVE TODAY



### IT TAKES ALL TYPES.

But it only takes less than an hour to donate blood and make a difference.

**7:30 A.M. - 12:30 P.M.**

**SUMMIT**

CLICK HERE OR VISIT [OBI.ORG](http://OBI.ORG)

## HAPPY LABOR DAY

**SEPTEMBER 4, 2023**

OFFICES AND BUILDINGS WILL BE CLOSED MONDAY IN OBSERVANCE.



### MINISTRY UPDATES

## small groups summit

Our first Small Group Summit was a huge success! About three hundred gathered in Fellowship Central, and we looked at the three

goals for our ministry: friendship, transformation, and outreach. We talked about our ministry's biggest need - new hosts leading new groups. If you want to join a group or start a new one, reach out to [mitch.east@mrcc.org](mailto:mitch.east@mrcc.org).

## women's ministry

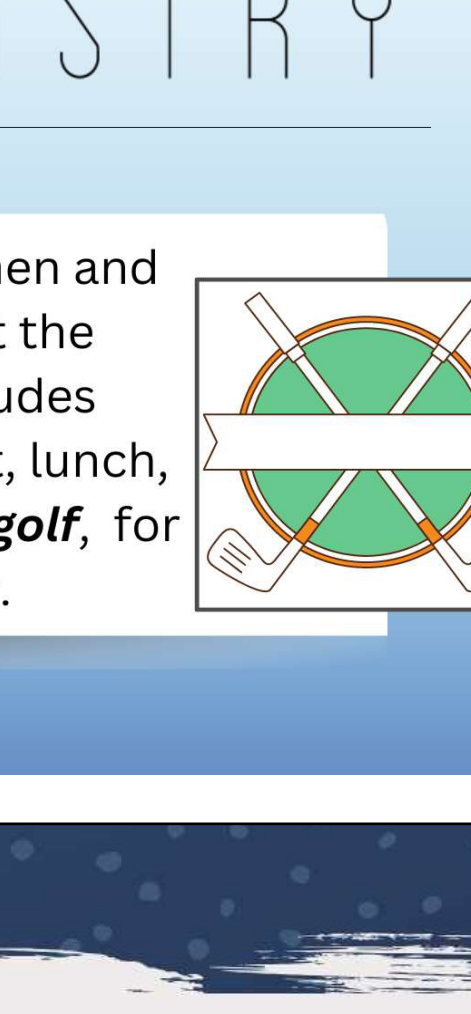


### THREADS OF COMPASSION

All women who like to crochet or knit are invited to meet the first Sunday of each month beginning September 3, from 2:30-4 p.m., in A120. This group makes scarves for survivors of sexual violence. For more info go to [threadsokc.org](http://threadsokc.org).

### UNPACKING THE BOXES

is a 10-week class for women new to the community, that will meet from 9:30-11:30 a.m. on Wednesdays this fall, beginning Sept. 6. Invitation brochures are at Information Central, and registration is at [unpackingtheboxes.com](http://unpackingtheboxes.com).



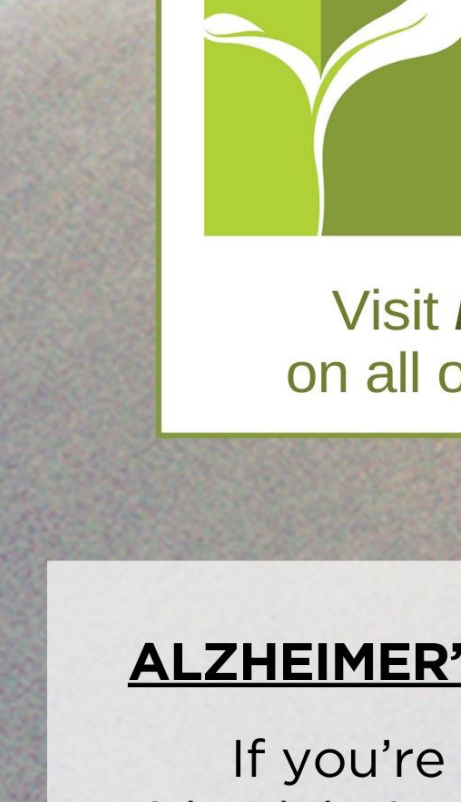
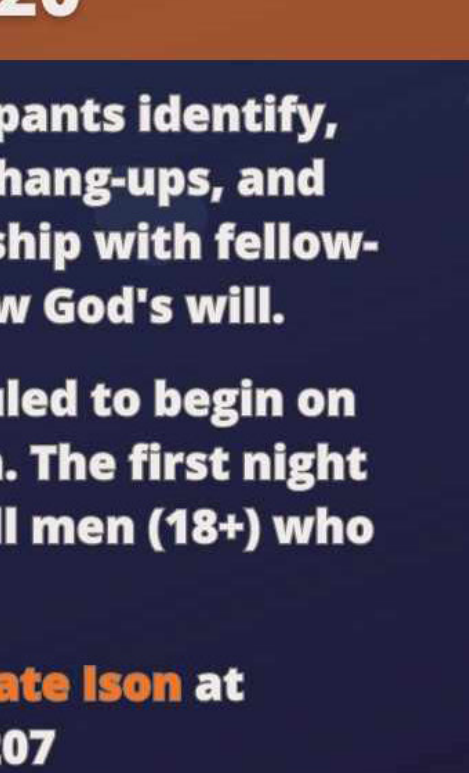
### MONTHLY RESTAURANT GROUPS



New monthly brunch, lunch, dinner, and coffee groups are forming. Groups meet the second week of the month from October to May. Sign up at [mrcc.org/women](http://mrcc.org/women) by September 13 to be a point person or a participant.

### SWAG (Single Women's Activities Group)

SWAG invites all single women to a Fall Kickoff Dinner in Fellowship Central on Thursday, Sept. 14, from 6-8 p.m. Catering is by Qdoba, and the cost is \$15. Details and signups are at [mrcc.org/women](http://mrcc.org/women).



### WOMEN'S BIBLE STUDIES

Bible studies begin this week on Wednesday morning, Wednesday night, and Thursday morning. The women's Fall Speaker Series, *The I CAN Life of Phil. 4:13*, begins on Wednesday nights in A105-106.

Thursday morning classes will start at 9:30 in A105-106. CWBS participants should bring \$10 for their study guide.

## MEN'S MINISTRY

The **MRCC Golf Tournament**, open to men and women, will be Saturday, Sept. 16, at the Edmond Golf Club. The \$80 fee includes breakfast, 18 holes of golf, a shared cart, lunch, and prizes! Click [here](#), or visit [mrcc.org/golf](http://mrcc.org/golf), for more information and to register.



## CELEBRATE RECOVERY

### MEETS EVERY FRIDAY

**6 PM - DINNER**  
1ST TIME GUESTS EAT FREE!!!

**7 PM - LARGE GROUP**  
A TIME OF WORSHIP FOLLOWED BY PERSONAL TESTIMONY OR RECOVERY LESSON

**8 PM - OPEN SHARE GROUPS**  
GENDER AND ISSUE SPECIFIC SMALL GROUPS

**9 PM - COMMON GROUNDS**  
FELLOWSHIP, COFFEE & DESSERT

PARTICIPANTS RECEIVE  
**FREE CHILDCARE 6:45-9:15**

[MRCC.ORG/CR](http://MRCC.ORG/CR)  
[celebraterecovery@mrcc.org](mailto:celebraterecovery@mrcc.org)

### MEN'S STEP STUDY

**STARTING SEPT. 20**

**A Step Study is designed to help participants identify, understand, and surrender their hurts, hang-ups, and habits to God while growing in relationship with fellow-strugglers and gaining strength to follow God's will.**

**A new Men's Step Study group is scheduled to begin on Wednesday, September 20th at 6:30 p.m. The first night is purely informational and is open to all men (18+) who are interested.**

For more information, please contact **Nate Ison** at 405.613.8544 or **David Case** at 405.850.3207

## CARE & COUNSELING MINISTRY

Visit [mrcc.org/care](http://mrcc.org/care) for details on all our CARE Ministry offerings

### ALZHEIMER'S CAREGIVER SUPPORT GROUP

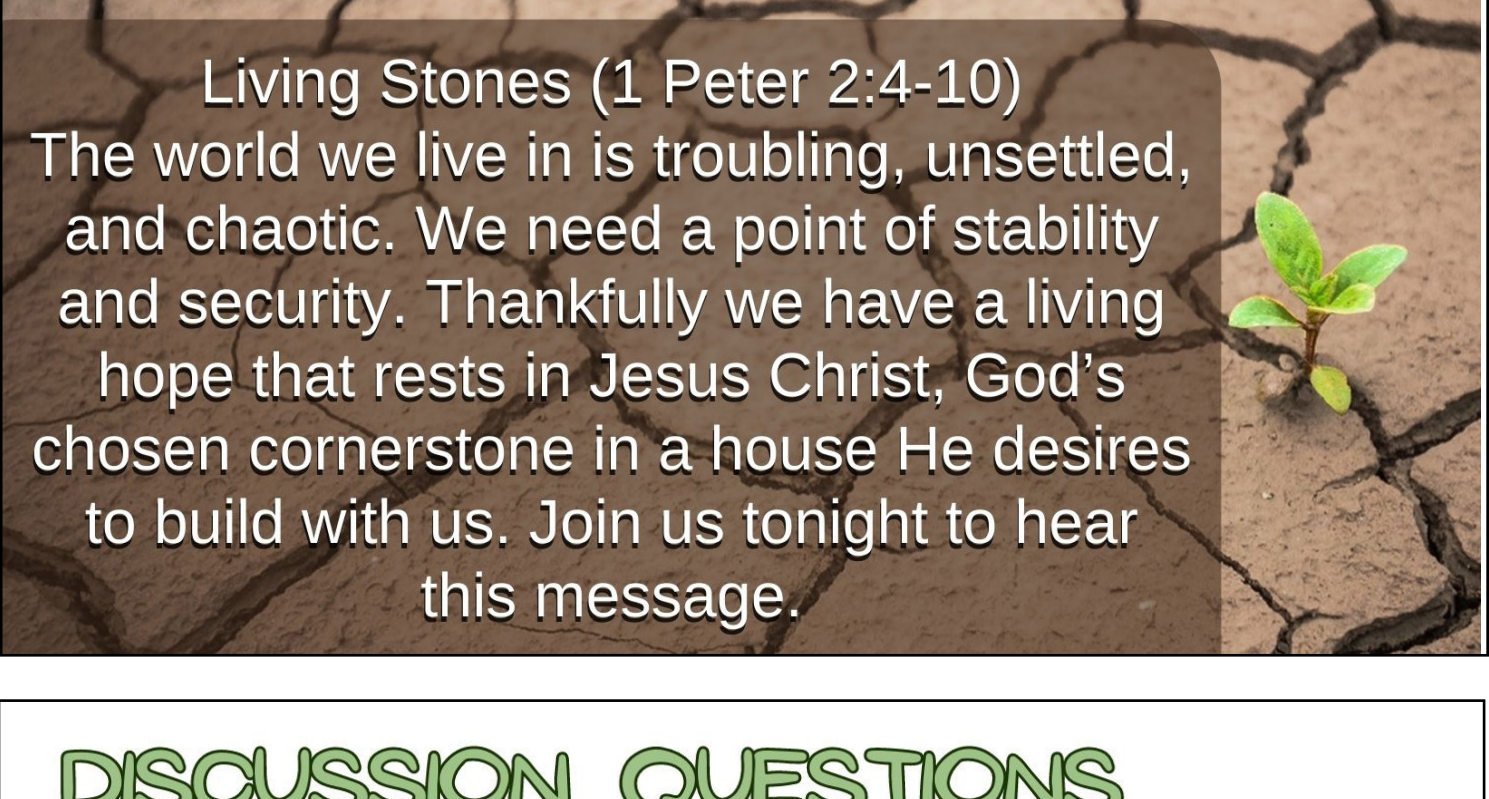
If you're the caregiver of a loved one with Alzheimer's, please consider joining us:

Tuesday, Sept. 5 | 6:30 - 8 p.m. in A119

Led by Dawn Hemphill and Mary Jo Jones

Groups are led by trained facilitators who each have been shaped by how this disease has impacted their families.

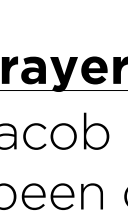
### OTHER NOTES



### STAY CONNECTED & INFORMED



Watch live or previous broadcasts of worship, sermons, or WOW at [YouTube.com/memorialroad](http://YouTube.com/memorialroad).



Download the MRCC App (for iOS and Android) for easy access to all our resources. Check it out today!

### SERMON INFO

## FOLLOW ME THE WAY OF THE CROSS

To help us reinforce our *Follow Me* theme this year, we'd like to introduce a rubber-meets-the-road kind of resource. It's called *Follow Me Follow Throughs*. Roughly once a month you'll receive a specific task that will challenge you to apply a specific teaching or example from Jesus. These "follow throughs" will derive from our three parts of the year, *Adopt His Rhythms*, *Practice His Teaching*, and *Share His Mission*. You can challenge yourself to complete all twelve tasks by the end of the school year.

Our first *Follow Me Follow Through* is all about community. Jesus demonstrated from day one in his ministry that the friendships in our lives must be intentionally nurtured and cultivated so that they can bear fruit. This first exercise is called *Five by Five by Five*. We encourage you to find five people to discuss five preset questions with and add five questions of your own. Please see the handout in the pews or at [mrcc.org/followme](http://mrcc.org/followme) for more details.

## HOPE in a TROUBLED WORLD

Living Stones (1 Peter 2:4-10)

The world we live in is troubling, unsettled, and chaotic. We need a point of stability and security. Thankfully we have a living hope that rests in Jesus Christ, God's chosen cornerstone in a house He desires to build with us. Join us tonight to hear this message.

### DISCUSSION QUESTIONS



If you would like to dig deeper into the sermon or Sunday class discussions, check out the MRCC App or visit [mrcc.org/dq](http://mrcc.org/dq) for supplemental material.

### FAMILY UPDATES

**9-3-23**

### Prayer Requests

Jacob Davis, grandson of **Frank Davis** and **Sue Yocum**, has been diagnosed with pancreatic cancer.

**Bruce Pack** has developed an infection. Prayer for his healing and freedom from pain.

**Leo Cassady**, son of **Scott & Allison Cassady**, is scheduled for surgery to remove the tumor in his ear on Friday, Sept. 8.

An ongoing Prayer List, updated at the beginning of every month, is available at Information Central and digitally at [mrcc.org/prayerlist](http://mrcc.org/prayerlist).

### Sympathy

Our sympathy is extended to . . .

The David Seat and Dave Seat families on the death of their mother grandmother, and great-grandmother, Betty Seat James on Saturday, August 26.

## Washed Anew

We Celebrate The Following Baptisms:

We rejoice with **Nikko Robertson**, who was baptized Sunday, August 27.

We rejoice with **Livvie Hurst**, who was baptized August 30. She is the daughter of **Michael & Sheradee Hurst**.

•We rejoice with **Kynlee Sutton**, who was baptized August 31. She is the daughter of **Bruce & Lindsay Sutton**.

"For you were buried with Christ when you were baptized. And with him you were raised to new life because you trusted the mighty power of God, who raised Christ from the dead." Colossians 2:12

### Ways to give



[mrcc.org](http://mrcc.org)  
[mrcc.org](http://mrcc.org)  
text amount to:  
884.311.2333

### Prayer Requests



We would love to pray for you. Submit your prayer requests at [mrcc.org/prayer](http://mrcc.org/prayer), or on the MRCC App.

Weekly Budget: \$106,147 | Avg Weekly Offering: \$103,625 | YTD Budget Deficit: \$66,282

2221 EAST MEMORIAL ROAD EDMOND, OK 73013

405.478.0166 | [MRCC.ORG](http://MRCC.ORG)



@MEMORIALROAD