SERMON NOTES

3/1/20

If you were baptized in 2019, we plan to celebrate your story in a unique way next week. Please sit down front.



Romans 1:28-31: 3:23: Mark 8:33

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind (Romans 12:1-2).

Changing your _____ starts with changing your

Three Thoughts on Thoughts:



QUESTIONS FOR DISCUSSION AT HOME OR IN QGROUP

- 1. What is something you did of late which ended with you thinking, "What was I thinking?!"
- 2. What are the patterns of culture that you find most destructive and why?
- 3. Why are negative thought patterns hard to break?
- 4. What negative thought patterns most often plague your mind?
- 5. A recent survey said that the average American reports waking up grumpy 300 times a year. What would your number be? What do you want it to be? How would you get there?
- 6. When you have moments in your life where you find yourself consistently thinking positive thoughts, what are some of the factors present in your life that make that possible?
- 7. Of the three ways to transform your mind, which do you most want to work on this week?

Please come back at 5:00 this evening. **Kyle Moore** will lead our time of worship, and **Phil Brookman** will continue our *Genesis* series.

FAMILY UPDATES

The monthly Prayer List is available at Information Central and on the Greeters' Stations.

Hospitalized:

Betty Brookman is in Epworth Villa Skilled Nursing, #1849. (No visitors please.)

Bob Harmon is in the Oklahoma Heart Hospital, #263. (No visitors please.)

Margaret Heitmann is in Epworth Villa Skilled Nursing, #1836.

Sondra Roberts is in Mercy, #305, with an infection following back surgery. (No visitors please.)

Martha Sadler is in Tuscany Village, #201. (Visitors encouraged.)

LaVerne Southerland is in Epworth Villa Skilled Nursing, #1808. (No visitors please.)

Madison Taylor, newborn granddaughter of **Kyle & Evonna Jones**, is in Children's Hospital in Dallas with a serious heart condition.

Prayer Requests:

Kholi Huddleston underwent an appendectomy last week.

Our Sympathy is extended to...

Linda Ruckman on the death of her mother, Nellie Ruckman, Wednesday, Feb. 26, in Hinton. She was also the grandmother of **Zach Ruckman**. **Matt Dixson**. and **Kandice Talbert**.

New Baby:

Congratulations to **Kyle & Evonna Jones** on the birth of their granddaughter, Madison Nicole Taylor, Monday, Feb. 24, in Texas. Parents are Cole & Amber Taylor.

Baby Showers:

Baby Girl Shower for **Emily Chitwood** is today, 2-3:30 p.m., at **Dani Kendrick's** (2400 Crestwood Dr., Jones, 73049). She is registered at *babylist.com*.

Baby Boy Shower for **Jessica Ruckman** will be next Sunday, March 8, 2-3:30 p.m., at **Amanda Bodine's** (3417 Circle Bend Place, Edmond, 73034). She is registered at Target and Amazon.

Other News:

AARP Tax-Aide is offering free tax assistance at the Edmond Community Center, 28 E. Main, Edmond. Times of service are: Monday, 9-3pm; Thursday, 12-7pm; and Saturday, 9-12pm. All are encouraged to make use of this free service. Questions? Contact **Louise Beyer**, 512-635-3447.

Homeschooling Families are invited to opt-in to a new online community group to connect with other homeschool families. For more info, contact **Jessica Estes** at 405-410-5220 or *jessandmorgan@gmail.com*.

Save the Dates for *Day for the City*, April 13-19. Please pray about how you and your family can impact our community.



Day for the City

TODAY >

March 1, 2020

Inside-Out Camp Registration Open

Inside-Out Camp is now in it's 11th year! This camp is specifically designed for elementary children who are having their first camp experiences. It is held at Camp Rock Creek just east of Norman. Children who are entering 1st-5th grades in the fall of 2020 are eligible. The camp name comes from Psalm 16:9 where the Psalmist exclaims, "with God...I am happy from the inside out!" Come enjoy fun Bible classes, Wild Thing, swimming, arts & crafts, carnival night, gaga ball, and so much more.

We offer two identical sessions: Session One is May 31 - June 3, and Session Two is June 14 - June 17. The total cost is \$160. For registration go to www.mrcc.org/insideout. Please note: only MRCC members may register until May 1. After May 1, if there are open spots, MRCC members can invite guests to join us.

If you would like to provide a full or partial scholarship for a child, you can give that donation to **Tammy McKeever** in the main office, or to **Karla Taylor** or **Amy Scott** at the Journey Land desk. If you need additional information, please contact **Karla.**

Taylor@mrcc.org or Amy.Scott@mrcc.org.

Kooi Family on Furlough

We're pleased to be back with our Memorial Road church family this morning and the next several weeks. A lot has happened since our last visit two years ago, hills and valleys and everything in between. Overall, our church has continued to grow, thanks to God's blessing and providence. Over 15 people have come to Christ in the last two years, most of them from Iran, but some from Austria, Ghana, Syria, and Afghanistan as well. We continue to reach out to refugees and minister to them in their physical needs, as well as their spiritual needs. The asylum and integration process is long and complicated, and they often receive no help. My work with LST and Holly's work with U!Shine, along with our other community activities and involvement, has kept us busy and out in the community, trying to make new contacts, build relationships, and model a different way of life to those around us. We covet your prayers as we prepare to return. Danke schön und Gottes Segen! ~Will Kooi



March 1, 2020

Spring Quarter Preview

Our spring quarter of adult classes starts this week! Today, we return to Isaiah in our Sunday adult classes. We are covering the second half of this book which shows us how God shows up with hope even in difficult circumstances. Isaiah is one of Jesus' most-quoted books, so we are excited to re-engage this study of the scriptures Jesus read.

Wednesday, we have a fresh slate of adult classes, with good options for everyone! Byron Newberry will teach a textual class entitled "Transformed People: The Twelve Apostles." Stafford and David North will teach "What We Believe and Why." Brent Scott and others will facilitate a class where you can come and hear extended passages of scripture read aloud with no other agenda. Phil Brookman will teach a class on spiritual disciplines for our Launch and Young Professionals classes. Todd Wright has put together another great men's speaker series called "Every Man a Leader, Every Man a Servant," and there are four great women's small group options—some lasting half the quarter, and others running all fourteen weeks, and all requiring pre-registration. Visit mrcc.org/wednesday for the full list and detailed descriptions.

~Josh Kingcade

Men's Ministry Happenings

Last week, the Men's Ministry and Generations class hosted the first *Men's Prayer Breakfast* for 2020 in the Summit. Several of us in our class had not previously been to one of these breakfasts. and we found it a great blessing to begin a workday in prayer and devotion with brothers throughout our church family! It also provided the opportunity to connect with men outside our usual circles. All of that, and we were still finished by 7:30 and ready to tackle the rest of the day. While this was my first time to attend, it will certainly not be my last. Please consider attending the next scheduled breakfast, and discover the same encouragement it provided me.

All men are invited to attend an *Iron Coffee* gathering at 6:30 a.m. this Thursday, March 5. Metro locations include: Panera Bread (15th & Bryant in Edmond), Aspen Coffee (15th St. west of Broadway in Edmond), Panera Bread (NW 67th & Western), or Old School Bagel (211 N. Robinson in OKC). Iron Lunch, 12 p.m., is at Corner Bakery (NE corner of Penn & Memorial).

Mark your calendars for *Sharpen 2020*. Thursday, April 16, with speaker David Duncan, minister at the Memorial Drive Church of Christ in Houston, TX. Registration will open soon!

Register for Summit '20

Summit is a big highlight for the MRCC family. Bring your friends, kids, QGroup, and be a part of Summit 20, July 27-29 at Copper Mountain, Colorado! Brochures are available at our normal pickup spots. Call **Debbie Carter** (607-6470) in the office to ask questions and sign up. Fees waived for registrations made before March 31!

MINISTRY UPDATES

If you'd like to learn more about all of MRCC's ministries and the various ways you can serve in them, please pick up a copy of "Ministry Opportunities" at Ministry Central in the main

Children's Ministry

Journey Land needs THREE JOURNEYMEN for the spring quarter:

3rd grade GREEN needs 2 people on Sunday mornings 5th grade GREEN needs 1 person on Wednesday evenings

If you can fill one of these roles, please contact Amv. Scott@mrcc.org.

Preschool needs TWELVE VOLUNTEERS for baby and preschool Bible classes this spring (March 1 - May 31):

TWO teachers for 2-year-olds on Wednesdays

FIVE teachers for 3-year-olds on Sundays

THREE helpers for PreK on Sundays, and ONE on Wednesdays

TWO helpers for Kindergarten on Sundays

Please email Stephanie.Langley@mrcc.org if you can fill one of these roles.

Women's Ministry

Spring RefresHER: Join us Tuesday, March 24, 6:30-8:30 p.m., for "This Is My Story, This Is My Song" with speakers **Destiny Bass**, Grace Heusel, and Madison Leonard, and dinner by Cafe 7. Sign up (\$10) in the foyer or at mrcc.org/women. Hosted by the youth group girls.

NEST for Widows meets Monday, March 9, 7-8:30 p.m. in A105-6, with optional dinner at 5:30. Details at mrcc.org/nest.

SWAG Service Project: If you would like to help cut out rectangles for the 30 AD Marketplace, stop by Ministry Central to pick up a take-home packet. No sewing required! Contact **Debbie Petersen** at 972-839-3671 for more info.

Youth & Family Ministry

Cimarron Shuttle: Wednesdays. Cimarron students look for church vans in Pepperdine cul-de-sac after school for a ride to church/hangout.

Pick-Me-Up: Wednesday, March 4, for Deer Creek students. Look for church vans in the parking lot. Let **Kurtis** know if you are coming.

. Wednesday Hangout & Dinner: March 4; Chick-Fil-A at 5 p.m. Cost \$3 per person. You may pay online for the spring semester.

Huddles: Wednesday, March 4. Grades 7-8 meet at Summit at 7 p.m. Grades 9-12 meet in assigned homes.

6th Grade The Bridge: Nerf Battle Sunday, March 8, 6-8 pm in the Summit gym.

Senior Lunch: Thursday, March 5, at Taco Bell.

Sensory Bags Available: We want to create an atmosphere of inclusion at MRCC. "Sensory Bags" are now available for use during worship service. These bags are for anyone with ADD/ ADHD, OCD, autism, or high stress/anxiety levels, etc. The content of each bag varies with an assortment of fidget tools. We also have noise-reducing headphones available for use. If you would like to try one out, you can find them at Information Central. Please return to Information Central after use.

UPCOMING EVENTS

March

Heartbeat for Hope Day at Johnnie's International Worship, 11 a.m., A105/6 International Potluck, 12 p.m., Gym Threads of Compassion, 2 p.m., A123 Baby Girl Shower for Emily Chitwood,

2-3:30 p.m., Dani Kendrick's

Alzheimer's Caregiver Support Group, 6:30 p.m., A119

Men's Iron Coffee/Lunch, 6:30 a.m. and 12 p.m., Various Locations

Brother's Keeper Group Meetings World Bible School Day at Johnnie's Baby Boy Shower for Jessica Ruckman, 2-3:30 p.m., Amanda Bodine's

NEST for Widows,7 p.m., A105/6

OCWA Monthly Coffee, 10 a.m., Art Gallery at OC (all ladies invited)

Quilting Connection Group, 9 a.m. - 6 p.m. (come-and-go), S1

Outreach Day at Johnnie's

RefresHER, 6:30 p.m., Fellowship Central

April

Men's Iron Coffee/Lunch, 6:30 a.m. and 12 p.m., Various Locations



A TIME FOR OUR GUESTS TO LEARN MORE ABOUT OUR CHURCH FAMILY AND TAKE THE NEXT STEPS AT MRCC

EVERY SUNDAY MORNING AT 9:35 IN THE PARLOR (ROOM A114)



Elders Available: Robert Edwards and Jeff Floyd will be available in the Conference Room for consultation following 5 p.m. worship.

Worship at Teal Creek

March 1 | 2 p.m.

Forever 50 Something - Kevin Turner

March 8 | 2 p.m.

Worship at Tealridge Independent Living

March 1 | 2 p.m.

Edmond Church of Christ

March 8 | 2 p.m.

Edmond Church of Christ

Worship at Tealridge Assisted Living, led in part by Jay Mack and the Campus Ministry, is at 4 p.m. every Sunday. Contact **Bill.Luttrell@oc.edu** to get involved.

Stay informed and engaged with our online resources



Watch:

YouTube app YouTube.com/ memorialroad



Get the MRCC App in your app store today!



mrcc app text amount to 844.311.2333

Choose how

MEETING SCHEDULE

Worship 8:15 & 10:45 a.m.

SUNDAY

Bible Class 9:35 a.m. First Cup 9:35 a.m.

Evening Worship 5:00 p.m. Capitol Hill ..10:00.a.m. QGroups various times

visit mrcc.org/QGroups to learn more

WEDNESDAY

Early Bird Bible Class 5:15 p.m. Bible Class | all ages 7:00 p.m.

Baptisms in 2020.....13 Sunday, February 23

Bible Class	1822
A.M. Worship	2160
P.M. Worship	
QGroups	
P.M. Total	863

Wednesday, February 26

Bible Class1134

Weekly Budget.....\$108,697 Avg Weekly Offering......\$112,587 YTD Budget Surplus \$31,118

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