SERMON NOTES

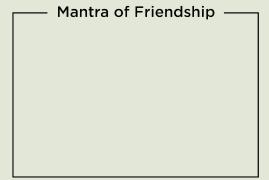
9/22/19

Iron Sharpens Iron: Talk the Walk Phil Brookman

Four Obstacles to Spiritual Dialogue:

- 1
- 2.
- 3.
- 4

Matthew 18:20 ~ " Where two or three gather in my name, there am I with them."



Iron Sharpens Iron Challenge

Make the most out of this sermon series by taking the *ISI* Friendship Challenge. The challenge is to find one or two friends and have a total of six *ISI* conversations within a six- week time frame. A copy of the ISI relational tool is available at the exits today, which includes guidelines for the challenge as well as the tool itself. This tool can also be found at *mrcc.org/isi* or on the MRCC app under *ISI*.



QUESTIONS FOR DISCUSSION AT HOME OR IN QGROUP

- 1. What is one of the most memorable, deep conversations you've ever had? What factors were in place that made it special?
- 2. What are some common phrases that people of your generation use to talk about their spiritual life? What about phrases from other generations?
- 3. Why do you think Jesus specified "two or three" people in Matthew 18. What is it about that number that is unique v. another number?
- 4. When was a time when someone else helped you find strength in God? How did they do it?
- 5. What would it look like to replicate Jesus' model of discipleship today?

FAMILY UPDATES

The monthly Prayer List is available at Information Central and on the Greeters' Stations.

Baptisms:

We rejoice with...

Sarah Fleming, who was baptized Sunday, Sept. 15.

Casi Sibley, Charles Coulter, Matthew Horton, Joseph Martinez, and Sebryn Morris, who were all baptized Saturday, Sept. 1, at the Oklahoma County Jail.

Hospitalized:

Ricky Leturia is in OU Medical, #628.

Bridal Shower:

Bridal Shower for Brittany Redmond, daughter of **David & Ann Redmond**, is today, 2-3:30 p.m., at **Bobbie Walker's**. She is registered at *zola.com*, BeBe's/OKC, Bed Bath & Beyond, and Anthropology.

Other News:

WINGS is in need of volunteers for their upcoming Fall Festival events. For more information on dates and activities, or to register as a volunteer, please visit their website at wingsok.org.

Thank You:

It is difficult to find words to express how thankful we are for the many expressions of kindness, support and love you have shown to our family during our time of loss. It has been a comforting blessing to each of us. We are so grateful to be surrounded by so much love. Thank you for keeping us in your prayers. Love, The Proctor Family



Please take a moment to swing by Lost & Found (behind Information Central) to see if any of your lost possessions are waiting for you. Unclaimed items will be discarded or donated at the end of the month. Thank you!

Men's & Women's Step Studies Now Forming



"As iron sharpens iron, so one person sharpens another." ~Prov. 27:17

Life and Recovery are not meant to be walked alone. Step Studies are gender specific (and non-issue specific) groups where the same group of women or men meet weekly to walk the 12 Steps and 8 Principles of Recovery.

Step Studies are designed to help participants find accountability, genuine fellowship, healing, and victory over life's hurts, hang-ups, and



habits. If you are ready to stop doing life alone, we encourage you to contact **Nate or Chellie Ison** at *celebraterecovery@mrcc.org* or *Nate.Chellie@gmail.com* to sign up for a Step Study or find out more details.

New Members

For new members' information, visit the online community.

Jacob Allbritton
Ron & Georgia Freitas
Kelly Furlong
Elizabeth Gonzalez

Kary & Sarah Heath Ethan Jacobs Don & Cathy Maxedon Bob & Cheryl Slovacek TODAY >

September 22, 2019

ONE VOICE 09.22.19

UNITING IN WORSHIP

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Last year many of you experienced a powerful evening called *One Voice*. It was an area-wide worship service hosted by Oklahoma Christian, and it proved to be one of the highlights of the year. *One Voice* will take place again tonight at 6:00. There will be no 5 p.m. worship here at MRCC. We encourage everyone to attend *One Voice* at OC. We are living in challenging times with great opportunities for the Kingdom, and events like this call us back to the gospel and a sense of mission for the sake of others. We want to fill Baugh Auditorium with many voices glorifying God together in Jesus Christ.





September 22, 2019

Senior High Retreat Recap

This past weekend our Senior High students went on a retreat to a place called Jacob's Ladder in Chandler. We focused in on Micah 6:8 and discussed what it looks like to Act Justly, Love Mercy, and Walk Humbly. Our students held all the teaching responsibilities, and they did a fantastic job. This will stand as a high spot for me for a long time. One of the best parts of the weekend was doing a ropes course together. We really got to know each other during this, and we left really sore! We played a lot of basketball, 9 square, and board games; we painted, watched a movie, and played some group games that we will remember for a long time. I wish I could effectively put into words all the memories that were made, the relationships that were cultivated, and the faith formation that took place. Many thanks to our sponsors who came and helped out. ~Brian Plumb

Walk For Hope Recap

This past Sunday evening, our Journey Land kids led our church family in our sixth annual Walk for Hope event. You could see God's love put in to action as 440 supporters of all ages walked the OC campus together in honor of the children of Village of Hope, Journey Land's mission focus in Ghana, West Africa. At the finish line, we celebrated with pizza, 15 unique Journey-Land-hosted donation booths, and fun fellowship. Thank you to our Journey Land kids for their compassion, love, and leadership in their mission. Thank you to all of our church family who continually support our Journey Land kids, for the example you give of the importance of missions, and for caring about their efforts. In all, over \$10,822 was raised to continue the sponsorship of children of Village of Hope! God is good! ~Aubrie Ross

Camp Rock Creek Fundraising Night

Sunday night, Aug. 25, we held a fundraiser for Camp Rock Creek. We had fun watching a slide show of photos taken during our sessions, enjoyed a devotional led by some of our campers, and watched a skit—it felt just like Skit Night at camp! Memorial Road now hosts two sessions each summer at CRC. Outside of Journey Land, this is our largest ministry for elementary-aged children. The great thing about camp? The opportunity to be in a multi-generational setting to learn about God. Karla Taylor has led MRCC's sessions for ten years, and we enjoyed honoring her at this fundraiser. We are grateful for all the parents, aunts, uncles, and grandparents of campers who staff our camp sessions. And we appreciate everyone who participated and prayed for us. We are still working to raise the remaining money for the bath houses at CRC, but this fundraiser made a dent in what we need, as we raised \$12,000! Thank you, Memorial Road, for helping our kids learn about God at camp each year! ~Devonne Carter

RefresHER Recap

You are worthy. It's a topic needed for women young and old as we continue to live out our faith in a world that seems to tear us down! We had a great time Tuesday night as we gathered to eat dinner, enjoy a beautiful setting, and discuss this topic. RefresHER speakers Shannon Phelps and Holly Arter addressed identity, affirmation, and connection with us, and how we can show grace and walk alongside others in life's journey. It was great to see a number of our teens there, thanks to special efforts of the New Beginnings class to invite them. Thanks so much to Tonya Patton and Janean Wright for their leadership for this event! ~Robin Waugh

MINISTRY UPDATES

If you'd like to learn more about all of MRCC's ministries and the various ways you can serve in them, please pick up a copy of "Ministry Opportunities" at Ministry Central in the main lobby.

Campus Ministry

All college students are welcome at 6 p.m. every Wednesday in Room S1 for a shared meal before class.

Journey Land needs seven teachers for the next rotation (10/13-11/27) with a break during the week of Thanksgiving. Contact Amv.Scott@mrcc.org to volunteer.

Day For Our Family is set for Saturday, Oct. 26, and we want to serve members of our church family in need. The first step is to discover what those needs are. If you or a church member you know has a need a few volunteers can take care of on that day, please let us know by submitting it at mrcc.org/DayForOurFamily. Limits on resources may prevent all project suggestions being Day Family adopted, so please do not make any commitments to potential service recipients. Thank you for your ideas!

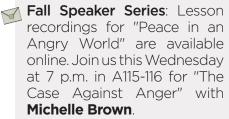
Alzheimer's Caregiver MRCC recently launched our monthly Support Group support group for caregivers of a loved one with Alzheimer's. Dawn

Hemphill and Mary Jo Jones lead this support group, which meets the first Tuesday of each month, 6:30-7:30 p.m. in the Parlor. All caregivers are invited to attend the group. The next meeting is Tuesday, Oct. 1.

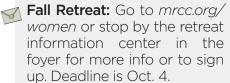
Our MRCC Caregiver Support Group has also formed a team participating in the Walk to End Alzheimer's on Saturday, Oct. 5. To participate on the "MRCC Memory Keepers" walk team, or to donate to help fund vital care, support, and research, you'll find the link and instructions at mrcc.org/care.

Women's Ministry

Details on these activities and more are at *mrcc.org/women*:







Youth & Family Ministry

Unplugged: Monday, Sept. 23; Sr. High. Eat before. Meet at the Summit at 6 p.m. Cost \$5.

Junior High Pick-Me-Up for M Wednesday, Sept. 25: for Central students. Look for church vans in the school parking lot. Let Kurtis know if you're coming (kurtis. dobbs@mrcc.org).

Summit Night for Wednesday, Sept. 25; lounge opens at 2:30 p.m. Dinner (Frito chili pies) at 5:30 p.m. in the gym. Cost is \$3 per person. Class at 7.

Jr. High Fall Retreat: Sept. 28-29: Register online by TODAY. Cost is \$75.

Girls' Retreat: Nov. 16-17 to Waco, TX, for 7-12 grade girls and moms. Spots are limited so register online today!

UPCOMING EVENTS

September

Outreach Day at Johnnie's

Bridal Shower for Brittany Redmond, 2-3:30 p.m., Bobbie Walker's

One Voice (Metro-Area Worship) at OC. 6 p.m., Baugh Auditorium. No evening worship at MRCC.

October

Alzheimer's Caregiver Support Group, 6:30 p.m., Parlor

Teacher Training Dinner, 5:45 p.m., Potter's

Heartbeat for Hope Day at Johnnie's International Worship, 11 a.m., A105/6 International Potluck, 12 p.m., Gym

Bridal Shower for Keri Shaw & Mason Trimble, 2-3:30 p.m., Parlor

Threads of Compassion, 2 p.m., A123

Lilyfield Pass-It-On Sale, Summit Building Women's Retreat, Canyon Camp in Hinton

Brother's Keeper Group Meetings World Bible School Day at Johnnie's

NEST for Widows, 7 p.m., A105/6

Quilting Connection Group, 9 a.m. - 6 p.m.. come-&-ao. S1

Day For Our Family

Baby Boy Shower for Brooke Rainey, 2-3:30



A TIME FOR OUR GUESTS TO LEARN MORE ABOUT OUR CHURCH FAMILY AND TAKE THE NEXT STEPS AT MRCC

EVERY SUNDAY MORNING AT 9:35 IN THE PARLOR (ROOM A114)

Elders Available:

Chris McKeever and Lvnn McMillon

will be available in the Conference Room for consultation following 5 p.m. worship.

Teal Creek Worship

September 22 | 2 p.m.

Christian Families - Jeff Tefertiller

September 29 | 2 p.m.

Christian Families - Jeff Tefertiller

Tealridge Assisted Living Worship 4 p.m. | bill.luttrell@oc.edu

Stay informed and engaged with our online resources



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you give

mrcc.org mrcc app text amount to 844.311.2333

Choose how

MEETING SCHEDULE

SUNDAY

Worship 8:15 & 10:45 a.m. Bible Class 9:35 a.m. First Cup 9:35 a.m. a time for guests to learn about MRCC

Evening Worship 5:00 p.m. Capitol Hill 4:00 p.m. QGroups various times visit mrcc.org/QGroups to learn more

WEDNESDAY

Early Bird Bible Class 5:15 p.m. Bible Class | all ages 7:00 p.m.

Baptisms in 2019..... Sunday, September 15

Bible Class	179
A.M. Worship	
P.M. Worship	42
QGroups	370
MRCC Capitol Hill Volunteers.	3
P.M. Total	.82

Wednesday, September 18 Bible Class

Weekly Budget..... \$106,764 Avg Weekly Offering \$103,362 YTD Budget Deficit\$125,902

EDMOND, OK 73013

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